

2026 Value Added Benefits – How to Access

Pregnant and New Moms

Babyscripts: \$75 rewards on Walmart Healthy Living e-Gift cards, for completing the Babyscripts program. Babyscripts™ myJourney is an app designed to support you through your pregnancy and postpartum journey with information on nutrition, exercise, newborn care, pregnancy stages and more. \$25 for enrolling, \$25 for prenatal visit, and \$25 for postpartum visit. Download the app from Apple or Google Play stores, then sign-up with your Member ID number.

Prenatal and Postpartum Visit Rewards: \$200 rewards for pregnancy related visits:

- Pregnant members who complete their first prenatal exam within the first trimester (first 42 days of plan enrollment) and have their provider submit an Obstetrics Risk Assessment Form (OBRAF) can earn a \$100 reward.
- Members who complete a post-partum visit can earn a \$100 reward.

Rewards are on an OTC Network® reloadable card* for health or baby items, such as: diapers, baby monitor, stroller, car seat, crib, changing table, and more.

Wellhop: Wellhop is a community of moms that share support and real-world answers. Wellhop uses online group conversations and educational tools to help women get ready for their new baby. Member can go to momandbaby.wellhop.com/signup to enroll.

Pack and Play or Car Seat: Pack and play or car seat valued at \$75: Pregnant members who attend a Community Baby Shower, where UnitedHealthcare is participating, and fill out an attendance form can receive a pack and play or car seat. Members completing a Becoming a Mom (BaM) series can also receive a pack and play or car seat.

Nutrition Support for High-Risk Pregnancy: \$145 monthly credit through Attane Health™ for healthy food during the last trimester and first month post-partum, for members identified as having a high-risk pregnancy and engaged in Maternal Case Management. Attane Health™ provides access to personalized, nutritious groceries and educational resources. Member works with their care coordinator, who determines need.

In-home maternal visit reward: \$50 reward on an OTC Network® reloadable card* for members identified with a high-risk pregnancy, who complete the initial visit from our case management team. Other pregnant members who complete an in-home visit from a local participating maternal community program, will receive the \$50 reward after their visitor submits the completion information to UnitedHealthcare. One reward per pregnancy.

<p style="text-align: center;">Pregnant and New Moms</p>	<p>Healthy First Steps Reward: \$100 reward on an OTC Network® reloadable card for pregnant moms who enroll in UnitedHealthcare Healthy First Steps® Maternal Case Management program, and maintain engagement post-pregnancy. Reward can be used to purchase items such as: Diapers, baby wipes, infant hygiene items, breastfeeding support supplies, and much more.</p> <p>The Healthy First Steps® Maternal Case Management program offers members who are pregnant and new moms one on one support, to help them with: Advice on nutrition and safety, obtaining supplies including breast pumps, choosing a doctor or midwife, scheduling visits, arranging rides, connecting with community resources, getting care after baby is born, choosing a pediatrician, family planning information, etc. If not already enrolled in the Healthy First Steps® Maternal Case Management program, member can call member services: 1-877-542-9238, TTY 711.</p> <p>Newborn Diapers: Pregnant members engaged in Maternal Case Management, because of a high-risk NICU stay, can get 3 boxes of diapers after completing a home visit post-discharge. Member works with care coordinator.</p> <p>Lactation Support: One-on-one virtual support from a Certified Lactation Consultant for pregnant and new moms. To access, call Member Services: 1-877-542-9238, TTY 711.</p>
<p style="text-align: center;">More coverage</p>	<p>Adult Dental Coverage: Additional \$500 for specialty dental services: Members ages 21 and over are eligible for added dental benefits for specialty services not covered under KanCare. For help, call member services: 1-877-542-9238, TTY 711</p> <p>Additional Vision: Additional \$60 towards frames: Members age 21 and over can get benefit once a year. Providers wanting to participate can work with UHC Provider Services.</p>
<p style="text-align: center;">Additional Transportation</p>	<p>24 Additional Round Trip Rides for All Members: Extra transportation benefits: Members can get up to 24 total round-trip rides (max mileage dependent upon county) per year to cover additional transportation. Examples include: trips to the pharmacy, grocery store, food bank, WIC, prenatal classes, support group meetings, job related activities such as interviews, job training, shopping for work clothes, or local community activities to access services. Call Member Services at 1-877-542-9238 to set up a ride at least three days before the need.</p>
<p style="text-align: center;">Nutrition</p>	<p>Nutrition Education Incentive: Members who complete a nutrition education program with KSRE will receive a food journal and cooking item valued at \$50. Members can contact UnitedHealthcare upon completion to receive the reward. For help, call member services: 1-877-542-9238, TTY 711. Information on classes: www.k-state.edu/ks-snaped</p> <p>Dining with Diabetes: Members with a diagnosis of Type 2 Diabetes or their caregivers are eligible to attend Dining with Diabetes classes through K-State Research and Extension at no cost. Limited to one set of classes annually per member/caregiver. To access, call Member Services: 1-877-542-9238, TTY 711.</p>

<p style="text-align: center;">Nutrition</p>	<p>Diabetic Nutrition Education: \$50 reward for groceries and other healthy items: Members who receive Diabetes Self-Management Training (DSMT), a preventive outpatient service for members with diabetes, can earn the reward on an OTC Network® reloadable card*. Once member receives service, a card will be mailed, or balance will be added to existing card.</p> <p>Healthy Heart Ambassador Reward: Blood pressure cuff: Members who complete a 4-month Healthy Heart Ambassador (HHA) Program, receive a \$35 blood pressure cuff to assist with monitoring blood pressure at home. This is an annual benefit. To find a local HHA program, visit: bit.ly/findHHA or call Member Services: 1-877-542-9238, TTY 711.</p> <p>Post-Discharge Meals: Members can get 14 meals (two meals/day for seven days) from Mom's Meals®, after being discharged from an inpatient hospital stay (excluding ER and observation), skilled nursing facility, or rehab facility, if member has barriers to access food, such as: mobility needs, no family support to assist with food access, or is at risk for readmission due to nutritional issues. Benefit available within 30 days of discharge. (No age requirement, available up to 3 times per year). Call member services: 1-877-542-9238, TTY 711, or work with your discharge planner.</p>
<p style="text-align: center;">Social Consideration and Wellness</p>	<p>Educational Advancement: Up to \$200 annually for education: Provide members (age 16 and over) with education that can help with employment, such as GED, Coding Classes, Resume Writing Workshops, & ESL (English as a Second Language). This is an annual benefit. To access, call Member Services: 1-877-542-9238, TTY 711.</p> <p>Healthy Activity for All: \$100 towards healthy activities: All members can access an annual activity or program at a participating organization such as YMCA and Parks and Recreation locations in Kansas. Additional organizations for members up to age 18 include participating Boy Scouts, Girl Scouts, or Boys & Girls Clubs. Members can instead receive a fitness kit (or outdoor activity ball) for healthy activities at home. To access, call Member Services: 1-877-542-9238, TTY 711.</p> <p>Healthy Rewards: Members can earn rewards between \$10 and \$25 on an OTC Network® reloadable card*, to purchase CMS approved healthy items. Ways to earn rewards:</p> <ol style="list-style-type: none"> 1. Complete Annual Health Assessment (\$10) 2. Annual Well-Child visit for ages 3-17 (\$10) 3. Annual adult exam (\$10) 4. Attending a Quarterly Member Advisory Committee Meeting (\$10) 5. Members with a Care Coordinator can earn funds to buy items that support care (\$25) 6. Quit tobacco using covered cessation services (\$25) 7. Annual mammogram for women ages 40-74 (\$10) 8. Annual diabetic HbA1c screening for ages 18-75 (\$10) 9. Annual blood lead test for ages 12-24 months (\$10) <p>Once a member completes an activity, a card will be mailed, or reward will be added to existing card.</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Social Consideration and Wellness</p>	<p>Help with Free Cell Phone Service: Lifeline service with free unlimited texts, 3,000 talk minutes, and 4.5GB of high-speed data to service with current phone, or reduced pricing for new phones starting as low as \$25. Call member services for help: 1-877-542-9238, TTY 711.</p> <p>School supplies and backpack: Members who are in foster care can receive one school supply box per year through their foster care agency, and can also get a backpack through their care coordinator.</p> <p>Air Purifier: \$75 air purifier: Members 18 years old and under with an asthma diagnosis can request a room air purifier. This is an annual benefit. Call member services to request: 1-877-542-9238, TTY 711.</p> <p>Bike Helmets: Members 18 years and under can request a bike helmet valued at \$50 each year. Call member services to request: 1-877-542-9238, TTY 711.</p> <p>Scholastic Book Bundle: Members 18 years and under can select from a variety of Scholastic book bundles valued at \$55. Call member services to request: 1-877-542-9238, TTY 711.</p> <p>Weighted blanket or sensory weighted vest: Members who are on the Autism or SED Waivers or in foster care can request a weighted blanket or sensory weighted vest to provide support for anxiety. One blanket or vest per member annually. Call member services to request: 1-877-542-9238, TTY 711.</p> <p>OTC Network® Reward for rural and frontier county members: \$50 reward for rural and frontier counties: All members living in rural and frontier counties (determined by the state of Kansas) can call member services to confirm their address and request reward on an OTC Network® reloadable card* to purchase CMS approved healthy items. This is an annual benefit. Member needs to live in a rural or frontier county, and:</p> <ul style="list-style-type: none"> • If currently on a Waiver: will receive in February • If new to the waiver: will receive a month after becoming a member • If NOT on a waiver: call member services to confirm address and request
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Technology Programs</p>	<p>Calm Health App: Calm Health is a mental health app that offers personalized content to manage stress, anxiety, and sleep: guided meditations, sleep stories, soundscapes, and more. Download the app from Apple or Google Play stores, then sign-up with your Member ID number.</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Community Programs</p>	<p>Mental Health First Aid Training: Members and other individuals can take an 8-hour course on how to identify, understand, and respond to signs of mental illnesses and substance use. Participants learn a five-step action plan to help an individual connect with professional, peer, social, and self-help care. Events held in major areas of the state. Upcoming dates can be found at: www.bit.ly/45qyemn</p> <p>ATTACH Membership: An annual membership to a support program for the parent or caregiver of children up to age 12 at risk for behavioral health conditions. Includes parent support calls, one-on-one support, registration to ATTACH conferences, and access to a community support group. Eligible parents receive email invite. Interested parents can also call member services: 1-877-542-9239, TTY 711.</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Waivers</p>	<p>OTC Network® Reward for LTSS members: \$100 reward: LTSS members will receive reward on an OTC Network® reloadable card* to purchase CMS approved healthy items. This is an annual benefit. Members receive the reward in February or in the second month after becoming a member.</p> <p>Internet Access for Waiver Members: Members on a Home and Community Based Services, without current internet service, could get internet cost covered to participate in telehealth appointments. Benefit covers 12 months, as long as member remains with UnitedHealthcare. Work with your care coordinator.</p> <p>Pest Control: Up to \$250 annually for pest control treatment for those on a Home and Community Based Services waiver who own their own home. Care Coordinator must determine a pest problem. *If identified need for additional treatment is noted, those treatments could be available through the Care Coordinator approval process. Work with your care coordinator.</p> <p>Medication Lockbox: Members who are enrolled in care coordination, whole-person care, pregnant or certain behavioral health programs can request a medication lockbox to help reduce intentional or accidental overdose or misuse. One lockbox per household. Member can work with Care Coordinator.</p> <p>Walmart+ Membership: Adult members with chronic conditions or mobility issues, or who are enrolled in care management or whole person care, or are pregnant, or in behavioral health programs, can get a Walmart+ membership through OnePass™. Membership includes: Same day grocery delivery (12-mile radius of a Walmart), shipping with no minimum, video streaming Paramount+ subscription, fuel savings at selected gas stations. Members can go to youronepass.com/activate-membership to access or call member services for help.</p>

*Reloadable OTC Network® card can be used at specific retailers. Can be used for CMS approved health related items. To activate your card, check your balance, find a store, call member services: 1-877-542-9238, TTY 711, or go to www.mybenefitscenter.com